



## Knife Pathway

For most of our NiN Pathways, you will be using a knife for various skills. Completing our Knife Pathway is essential to knowing basic knife use and safety.

### Requirements

- 1) Name the knife safety practices (see below)
- 2) Sharpen 10 pencils with a knife
- 3) Demonstrate basic carving safety (carve away from self, not over body parts)
- 4) Remove bark from a stick with a knife
- 5) Carve a stick to a sharp point
- 6) Carve an angled edge to a length of a stick (like a wooden knife edge)
- 7) Carve a notch in a stick
- 8) Carve rings of bark (areas of bark on/off) on a stick
- 9) Put together a simple wound kit (bandaids, gauze, tape, ointment in a bag)
- 10) Demonstrate (or describe) basic knife sharpening techniques (see video link below)

### Knife Safety Practices

- 1) Ask an adult/guardian/instructor first if it is ok to use your knife
- 2) Blood bubble (arms length safety zone around you). No one should enter your bubble.
- 3) Be stationary (don't walk around with the knife).
- 4) Carve away from yourself with no body parts under or in the way of the blade
- 5) Keep your knife sharp (a dull knife is a dangerous knife)
- 6) Put your knife away (in its sheath) when you are done.

### Video Links

[Knife Safety](#)  
[Knife carving techniques](#)  
[Knife sharpening](#)  
[Basic First Aid Kit](#)

### Additional Resources

- Preferred youth knife [Morakniv](#)
- Recommended [Water Sharpening Stone](#)